

Education Inclusion Family Advisor Workshops Spring Term 2023

All workshops are run online via Microsoft Teams.

If you'd like to join the workshop you will need internet access and a compatible device.

(Full access instructions will be provided with the electronic invitation).

Additional Evening workshops:

- ***Supporting with Feelings Of Worry:*** Wednesday 24th May 6pm-7pm
- ***Budgeting & Debt Management:*** Thursday 8th June 6pm-7pm
- ***Bedtime Battles:*** Tuesday 20th June 6pm-7pm
- ***What to do when Kids Push your Buttons:*** Wednesday 5th July 6pm-7pm

To book onto one of the evening workshops, please click this link:

<https://forms.office.com/e/zMvCVMqctR>

Core Workshops across Cambridgeshire:

Each term, the EIFA team offers a range of core workshops for families across the whole of Cambridgeshire. These workshops will be running on Tuesday lunchtimes, from 12-1pm. Please book a place via the electronic link below.

- ***Communicating Better – parent to parent*** – 16th May
- ***Digital safety*** – 23rd May
- ***Parental well-being*** – 6th June
- ***Supporting with feelings of worry*** – 13th June
- ***Supporting with feelings of anger*** – 20th June
- ***Sleep hygiene*** – 4th July

To book onto one of the core workshops, please click this link:

<https://forms.office.com/e/kxcxPaPaB7>

