

Dear Parents / Carers,

We are focusing on the value of 'Motivation' in assemblies at the moment, with thoughts about resolutions and goals to try to reach this year. As part of this, it is a good time to look at the Aspirational Me pledges in the booklets to see what goals they could try to reach this term. Parents and teachers can sign off the pledges once they have been achieved. The children really enjoy earning the badges and wearing them with pride.

Next week we have a session for our Year 6 in the basics of first aid support.

Then, our choir will be visiting the O2 Arena as part of the Young Voices concerts—where they will join around 6000 other children to perform in a concert to their parents. They are quite excited about this!

Best Wishes,

Mrs Keefe

Lost Property

Please help us to help you by putting your child's name in their coats and uniform. We have many items that get lost in school and having a name in them, helps us to reunite them with their owner quickly.

Break-time Snacks

A reminder that snacks for break-times should be healthy snacks:

Fruit and vegetables are great.

Crisps, chocolate and sweets are not allowed.

Friends of Priory

At this week's committee meeting, we discussed ideas for events this half-term and more. Two dates coming up are:

- Quiz night for staff and parents on 7th February
- Break the Rules day on 15th February

November's quiz night was hugely popular and we hope to see many of you there again.

Break the Rules day is a new event and consists of children being allowed to choose to dress in non-school uniform, wear nail varnish, a temporary tattoo and have squash in their water bottle for £1.

We will be asking the tuck shop to sell crisps and cookies on that day too, on behalf of Friends of Priory.

In addition to this, there will be a raffle held in school very soon—to take on the role of Headteacher for the day! This will be drawn on 7th February.

Diary Dates

Year 6 Young Life Supporters Session	21st January
Choir Young Voices to O2 Arena	22nd January
Year 6 Bikeability	27th—30th January
Chinese New Year Lunch	29th January
SH5 Class Assembly	5th February
FOPJS Staff and Parents Quiz Night	7th February
Year 3 Flag Fen Trip	10th February
Safer Internet Day:	11th February
Breck Foundation Workshops	
Parents Evening Workshop with Breck Foundation	11th February
FOPJS Break the Rules Day	15th February
Half-Term	18th—22nd February
Year 5/6 Hockey Tournament	25th February
Year 6 Measurement Programme	25th February
Parents Evenings	25th and 26th February
Pancake Day Lunch	4th March
Year 3/4 Football Festival	4th March



FRIENDS OF PRIORY JUNIOR SCHOOL PRESENTS -
ADULTS ONLY

Quiz Night

£100 PRIZE
DONATED BY NISA, LONGSANDS PARADE
PLUS A GIFT FOR EVERY LOSING TABLE

FRIDAY 7TH FEBRUARY
DOORS OPEN 7PM FOR A 7:30PM START

TEAMS OF UP TO 8 PEOPLE CAN BE BOOKED BY EMAILING
FOPJS@PRIORY.CAMBS.SCH.UK

PAYMENT OF £5 PER PERSON WILL NEED TO BE MADE PRIOR TO
THE EVENT TO SECURE YOUR TABLE. BANK DETAILS WILL BE SENT
FOLLOWING YOUR BOOKING EMAIL.

QUIZ BEING HELD IN THE SCHOOL HALL. PLEASE USE MAIN ENTRANCE. PARKING IS AVAILABLE THROUGH THE MAIN ENTRANCE AND OVERNIGHT PARKING WILL BE AVAILABLE

Education Inclusion Family Advisor Newsletter

We start January 2025 saying farewell to your link EIFA Charlotte Dean as she moves on to her exciting new venture. In the meantime until we have a link EIFA for your school please use the email address below, or the link/QR code if you would like to request support from a member of the team:

<https://forms.office.com/e/B5c8PGZG64>



Back to school emotions

Now the children are back in school, remember that after a long day children may feel overwhelmed or exhausted due to the effort they put into following rules, focusing on their studies, and managing social interactions. This can lead to a build-up of emotions that are often held in during the school day.

Behaviours we may see include emotional outbursts, tantrums, crying, irritability, or being easily upset over minor issues. It is important to note that this is a normal reaction and doesn't indicate anything negative about the child or their behaviour.

To support your child during this time providing a calm and understanding atmosphere can be helpful. Offering them a chance to unwind, creating a calming space at home, choosing a quiet area where they can relax, rest, and engage in activities they enjoy may also help them regulate their emotions. It's important to validate their feelings and let them know that it is okay to express themselves.

New Workshops for 2025

We are excited to share with you that from January 2025 our workshops are being re-launched with updated content and an extended offer. Keep an eye out for our separate booking form as this will have the links to register. Upcoming dates:

- 14th of January 2025 12-1.30pm Supporting your child with feelings of worry
- 16th of January 2025 12-1pm Digital Safety
- 21st of January 2025 12-1pm Supporting your child with Sleep
- 30th of January 2025 12-1.30pm Supporting your child with feelings of anger
- 4th of February 2025 12-1pm and Introduction to Family Well-being
- 6th of February 2025 12-1.30pm Managing behaviours that challenge us
- 11th of February 2024 12-1.30pm Managing Sibling Rivalry

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpoint-cams.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer



Cambridgeshire
County Council



earlyintervention@cambridgeshire.gov.uk

Contact me directly on



Education Inclusion Family Advisor Team Countywide Online Workshop Offer

The EIFA team would like to present our newly updated workshops on a variety of parenting and family issues.

Please ensure you book onto each workshop individually by clicking on the link or scanning the QR code and completing the registration form.

Supporting Your Child with Feelings of Worry	Tuesday, 14 January 2025, 12:00-13:30	Book onto this workshop at: https://shorturl.at/75sQl or	
Digital Safety	Thursday, 16 January 2025, 12:00-13:00	Book onto this workshop at: https://shorturl.at/J7iT9 or	
Supporting Your Child with Sleep	Tuesday, 21 January 2025, 12:00-13:00	Book onto this workshop at: https://shorturl.at/S2Tcx or	
Supporting Your Child with Feelings of Anger	Thursday, 30 January 2025, 12:00-13:30	Book onto this workshop at: https://shorturl.at/moV7o or	
Introduction to Family Wellbeing	Tuesday, 4 February 2025, 12:00-13:00	Book onto this workshop at: https://shorturl.at/TGbQ9 or	
Responding to Behaviours that Challenge Us.	Thursday, 6 February 2025, 12:00-13:30	Book onto this workshop at: https://shorturl.at/zbSrv or	
Managing Sibling Rivalry	Tuesday, 11 February 2025, 12:00-13:30	Book onto this workshop at: https://shorturl.at/uf62T or	

If you have any questions about our workshops, or the EIFA service in general, please contact earlyintervention@cambridgeshire.gov.uk

Next Week's Lunch Menu:

Week Three Menu - Final

Served weeks commencing:
18/11/24, 09/12/24, 20/01/25, 10/02/25



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese & Ham Pizza Potato Wedges Salad & Coleslaw	Mexican Chicken Rice Peas & Broccoli	Toad In the Hole Mashed Potato Peas & Carrots Gravy	Pasta Bolognese Broccoli & Sweetcorn	Fish Fingers Chips Baked Beans/ Garden Peas
VEGETARIAN	Bean Fajita Potato Wedges Salad & Coleslaw	Macaroni Cheese Peas & Broccoli	Vegetarian Toad In the Hole Mashed Potato Peas & Carrots Gravy	Vegetarian Chilli Rice Broccoli & Sweetcorn	Vegetable Fingers Chips Baked Beans/ Garden Peas
JACKET POTATO/ PASTA DISH	Pasta with Optional Homemade Tomato Sauce and/or Cheese	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Pasta with Optional Homemade Tomato Sauce and/or Cheese	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Pasta with Optional Homemade Tomato Sauce and/or Cheese
SANDWICH/ BAGUETTE	Sandwich with Tuna Mayo, Egg Mayo, Cheese or Ham	Baguette with Tuna Mayo, Egg Mayo, Cheese or Ham	Bap with Tuna Mayo, Egg Mayo, Cheese or Ham	Bagel with Tuna Mayo, Egg Mayo, Cheese or Ham	Wrap with Tuna Mayo, Egg Mayo, Cheese or Ham
DESSERTS	Shortbread	Chocolate Sponge Custard	Banana Cake	Chocolate Cookie	Fresh Fruit Friday

AVAILABLE DAILY:

- Choice of Freshly Baked Wholemeal Bread,
- Seasonal Salad Bar, Water, Seasonal Fresh Fruit,
- Fruit Yoghurt and Fruit Jelly.

