

Education Inclusion Family Advisor Newsletter

November 2023



A message from me.....

I hope you are all well and enjoying the autumnal weather. The change in colours in nature bring a smile to my face this time of year. I am continuing to offer drop-in's, coffee mornings and workshops this term. If you have any ideas for your school, please let me know.
Charlotte

Remembrance



November is the month in which we remember our Armed Forces, on the 11th day, on the 11th Month, at the 11th hour (Armistice Day).

The Sunday closest to this day (Sunday 12th November 2023) is when we as a nation celebrate Remembrance Sunday with services and parades across the country. Live on BBC1 at The Cenotaph.

Festival of Remembrance:

Is a great way to learn more about the forces and in particular, what significant dates we are celebrating alongside our annual remembrance. To watch/listen: Saturday 11th November, on BBC1/BBC Radio 2 at 9pm. The ceremony will also be available on BBC iPlayer shortly after.



[Remembrance events | Royal British Legion](#)



[Home - Little Troopers](#) - Military Children Support



[SSAFA, the Armed Forces charity](#)

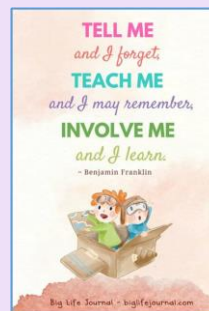
Workshops

Please see below the list of workshops that we are delivering this term. They are all accessed via Microsoft Teams.

- **12-1pm: Digital safety/ internet safety**
– 7th November 2023
- **12-1pm: Parental wellbeing**
– 14th November 2023
- **12-1:30pm: Supporting with feelings of worry**
– 21st November 2023
- **12-1:30pm: Supporting with feelings of anger**
– 28th November 2023
- **12-1pm: Sleep** – 5th December 2023

Here is the link to the booking form:

<https://forms.office.com/e/rMYxyBgixQ>



Include children in the day-to-day tasks and give them options to choose from where possible. Children go through life with plans set out for them, giving them some control helps them to feel they are included, valued and listened to.

When looking at choices and consequences with behaviour:

Choices

- Limited choices that are acceptable to you
- Positive redirection
- Encourage thinking “What would be a good behaviour choice?”

Consequences

- Logical or natural consequences related to the behaviour. (Three “R’s” – Related, Reasonable & Respectful and Helpful)
- Known or aware of in advance.
- Consistent each time & followed through.



Cambridgeshire
County Council

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