Príory News



31st January 2025

Dear Parents / Carers,

Our school choir travelled to London last Wednesday and joined another 8000 children to perform together, as part of the Young Voices. Following a rehearsal together in the afternoon, they performed to a large audience of proud parents and grandparents. They were incredible! The event itself is magnificent and provides such an awe-inspiring experience for children. We were so proud of all our children who took part—who sang and danced their hearts out. Well done to you all! You were amazing!

Our Year 6 children have also been busy over the past two weeks they have taken part in Life Saving First aid workshops last week, working hard to learn the fundamental basics here. These are great life skills to have. This week, our Year 6 children have also completed their Bikeability training. The instructors commended the children, sharing how much they enjoyed teaching them. Well done!

As we approach the end of January, we are looking forward to our Chinese New Year lunch next week—to mark the Year of the Snake. We hope the children enjoy the lunch on Wednesday next week.

Best Wishes,

Mrs Keefe





Safer Internet Day—Breck Foundation—DON'T MISS THIS!

We are pleased to be able to host the Breck Foundation in school on 11th February as part of Safer Internet Day.

There last visit was of great benefit to parents and children particularly in relation to keeping children safe online when gaming.

There will be a workshop for parents on this day at 6pm. Please book a place using the link on the letter sent home today.

Staffing

We said a fond farewell to Mrs Wager today after 30 years of being a Teaching Assistant in our school. We wish her the very best for her retirement.

On Monday, we will be welcoming Mrs McColl to our office team. Mrs McColl will be covering for Mrs London while she is on maternity leave.

Diary Dates

| SH5 Class Assembly | 5th February |
|---|------------------------|
| FOPJS Staff and Parents Quiz Night—BOOK NOW! | 7th February |
| Year 3 Flag Fen Trip | 10th February |
| Safer Internet Day: | 11th February |
| Breck Foundation Workshops | |
| Parents Evening Workshop with Breck Foundation | 11th February @ 6pm |
| MD4 Class Assembly | 12th February |
| FOPJS Break the Rules Day | 14th February |
| Half-Term | 18th—22nd February |
| Year 5/6 Hockey Tournament | 25th February |
| Year 6 Measurement Programme | 25th February |
| Parents Evenings | 25th and 26th February |
| Pancake Day Lunch | 4th March |
| Year 3/4 Football Festival | 4th March |

Parents Evenings

Parents Evenings will be taking place on 25th and 26th February. Please book on for an appointment following the instructions in the letter sent home today.

Appointments go live on 10th February.





The raffle will be drawn in assembly next week—on 7th February.



The School Uniform Project

Would you like some brand-new uniform? St Neots Tesco have donated lots of surplus stock to The School Uniform Project. Come and see us to grab a bargain!

Berkley Street Methodist Church, 10 Berkley Street, Eynesbury, St Neots, PE19 2NB.

Friday 21st February from 2pm – 4pm

Come and choose some brand-new uniform and stop it going to waste. Everything is free on a first come, first served basis. We have shirts, trousers, plimsolls and lots more. We can't guarantee to have your size ~ what you see is what we've got! Thank you for helping look after our world.



The Methodist Church

For more details, please contact Alison, Children and Families worker at Berkley St on Email: <u>alisonchnandfam@icloud.com</u> Phone: 07507 782799

Jison Cracknell Children and Families Outreach Worker - Berkley Street Methodist Church, 10 Berkley Street, St Neots, Cambs. PE19 2NB alisonchnandfam@icloud.com 07507 782799 Sent from iCloud



https:// bookonline.communitysportsfou ndation.org.uk/event/ st neots play the norwich way soccer school febru ary 19022025#init

Education Inclusion Family Advisor Newsletter

We start January 2025 saying farewell to your link EIFA Charlotte Dean as she moves on to her exciting new venture. In the meantime until we have a link EIFA for your school please use the email address below, or the link/QR code if you would like to request support from a member of the team:

https://forms.office.com/e/B5c8PGZG64



Back to school emotions

Now the children are back in school, remember that after a long day children may feel overwhelmed or exhausted due to the effort they put into following rules, focusing on their studies, and managing social interactions. This can lead to a build-up of emotions that are often held in during the school day.

Behaviours we may see include emotional outbursts, tantrums, crying, irritability, or being easily upset over minor issues. It is important to note that this is a normal reaction and doesn't indicate anything negative about the child or their behaviour.

To support your child during this time providing a calm and understanding atmosphere can be helpful. Offering them a chance to unwind, creating a calming space at home, choosing a quiet area where they can relax, rest, and engage in activities they enjoy may also help them regulate their emotions. It's important to validate their feelings and let them know that it is okay to express themselves.

New Workshops for 2025

We are excited to share with you that from January 2025 our workshops are being relaunched with updated content and an extended offer. Keep an eye out for our separate booking form as this will have the links to register. Upcoming dates:

- 14th of January 2025 12-1.30pm Supporting your child with feelings of worry
- 16th of January 2025 12-1pm Digital Safety
- 21st of January 2025 12-1pm Supporting your child with Sleep
- 30th of January 2025 12-1.30pm Supporting your child with feelings of anger
- 4th of February 2025 12-1pm and Introduction to Family Well-being
- 6th of February 2025 12-1.30pm Managing behaviours that challenge us
- 11th of February 2024 12-1.30pm Managing Sibling Rivalry

Does your child have, or potentially have, an additional need or disability? Pinpoint (www.pinpointcambs.org.uk) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to www.cambridgeshire.gov.uk/residents/children-and-families/local-offer

Cambridgeshire

Contact me directly on arlyintervention@cambridgeshire.gov.uk





Education Inclusion Family Advisor Team Countywide Online Workshop Offer

The EIFA team would like to present our newly updated workshops on a variety of parenting and family issues.

Please ensure you book onto each workshop individually by clicking on the link or scanning the QR code and completing the registration form.

| Supporting Your Child with Feelings of Worry | Tuesday, 14 January 2025, 12:00-13:30 | Book onto this workshop at: https://shorturl.at/75s0l or | |
|--|---|--|--|
| Digital Safety | Thursday, 16 January 2025, 12:00-13:00 | Book onto this workshop at: <u>https://shorturl.at/J7iT9</u> or | |
| Supporting Your Child with Sleep | Tuesday, 21 January 2025, 12:00-13:00 | Book onto this workshop at: <u>https://shorturl.at/S2Tcx</u> or | |
| Supporting Your Child with Feelings of Anger | Thursday, 30 January 2025, 12:00-13:30 | Book onto this workshop at: <u>https://shorturl.at/moV7o</u> or | |
| Introduction to Family Wellbeing | Tuesday, 4 February 2025, 12:00-13:00 | Book onto this workshop at: <u>https://shorturl.at/TGbQ9</u> or | |
| Responding to Behaviours that Challenge Us. | Thursday, 6 February 2025, 12:00-13:30 | Book onto this workshop at: <u>https://shorturl.at/zbSrv</u> or | |
| Managing Sibling Rivalry | Tuesday, 11 February 2025, 12:00-13:30 | Book onto this workshop at: <u>https://shorturl.at/uf62T</u> or | |

If you have any questions about our workshops, or the EIFA service in general, please contact <u>earlyintervention@cambridgeshire.gov.uk</u>

cambridgeshire.gov.uk

Next Week's Lunch Menu:

| | Served weeks commencing: 11/11/24, 02/12/24, 13/01/25, 03/02/25 | | Served weeks commencing: | | |
|-----------------------------|--|--|--|--|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| MAIN MEAL | Beef Burger Potato Wedges Salad & Coleslaw | BBQ Chicken Rice Peas & Broccoli | Roast Turkey Roast Potatoes Peas & Carrots Gravy | Chicken Wrap Potato Wedges Salad/Sweetcorn | Fish Fingers Chips Baked Beans/ Garden Peas |
| VEGETARIAN | Cheese & Tomato Pinwheel Potato Wedges Salad & Coleslaw | Vegetable Curry Rice Peas & Broccoli | Vegetarian Sausage Roast Potatoes Peas & Carrots Gravy | Cheese Pizza Potato Wedges Salad/Sweetcorn | Vegetable Wrap Chips Baked Beans/ Garden Peas |
| JACKET POTATO PASTA DISH | Pasta with Optional Homemade Tomato Sauce and/or Cheese | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Pasta with Optional Homemade Tomato Sauce and/or Cheese | Jacket Potato with Cheese, Baked Beans or Tuna Mayo | Pasta with Optional Homemade Tomato Sauce and/or Cheese |
| SANDWICH/ BAGUETTE | Sandwich with Tuna Mayo, Egg Mayo, Cheese or Ham | Baguette with Tuna Mayo, Egg Mayo, Cheese or Ham | Bap with Tuna Mayo, Egg Mayo, Cheese or Ham | Bagel with Tuna Mayo, Egg Mayo, Cheese or Ham | Wrap with Tuna Mayo, Egg Mayo, Cheese or Ham |
| DESSERTS | Jam Sponge Custard | Sultana Oat Cookie Fruit Slices | Pineapple Cake Custard | Chocolate Brownie | Fresh Fruit Friday |
| | | Choice of Seasonal Sa | ILABLE DA | al Bread, Fresh Fruit, | |