



## Priory Junior School

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Headteacher: Tracy Keefe B.Ed (Hons) NPQH

17<sup>th</sup> April 2024

Dear Parent(s)/Carer(s),

Re: Year 3 Sex and Relationships Education.

We will shortly be beginning a unit of work in PSHE from the 'Healthier and Safer Lifestyles' section of Cambridgeshire Primary Personal Development Programme. This unit of work focuses on basic anatomy, including naming external body parts and the physical differences between males and females. Children will consider the capabilities of their bodies in order to develop respect for their bodies and themselves. They will also develop their understanding of personal hygiene and learn more about how to prevent the spread of illnesses.

Your children will be engaging with the following questions as part of this work:

What are the scientific names for all external parts on the human body?

What are the physical differences between males and females?

Why should I value my own body and recognise its uniqueness?

What are the benefits of carrying out regular personal hygiene routines?

Who is responsible for your personal hygiene now? How will this change the future?

How might illness/disease be spread and how are you able to reduce this?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk their parents about these issues. You could ask your child to make a list of all the toiletry items they can find at home in preparation for learning objective number four.

Our 'Sex and Relationships' Unit of Work is based on the Cambridgeshire PSHE Scheme of Work. We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science and PSHE. Please contact the Head Teacher if you would like to discuss this. If you would like to discuss any issues relating to our work on 'Sex and Relationships', or to find out more about the lessons, please contact your child's teacher.

Yours faithfully,

Mrs Welch, Miss Nutter, Mrs Tack, Mr O'Neill and Mr Sadler

