

## Priory Junior School

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Headteacher: Tracy Keefe B.Ed (Hons) NPQH

11<sup>th</sup> December 2024

Dear Parent(s)/Carer(s),

## **Re: Year 6 Sex and Relationships Education**

Next half term, we will be beginning a unit of work in PSHE from the 'Healthier and Safer Lifestyles' section of Cambridgeshire Primary Personal Development Programme. The 'Sex and Relationships Education' unit covers some elements of Science and some Personal Social and Health Education (PSHE).

Your children will be engaging with the following questions as part of this work:

- What practical methods can I use to maintain and improve my relationships?
- What sort of relationships do I have and how have they changed?
- What does it mean to respect others, especially other lifestyles and beliefs?
- What happens to the bodies of boys and girls when they reach puberty?
- Does everyone change at the same rate?
- How are babies made?
- How can I keep my growing and changing body clean?
- How can I express my feelings positively as I grow up?
- What should adults think about before they have a baby?
- Why are love and trust important?

We encourage you to discuss any of the areas listed above with your children before during or after our topic, as children and young people say that they greatly value being able to talk their parents about these issues.

Our 'Sex and Relationships' Unit of Work is based on the Cambridgeshire PSHE Scheme of Work. We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. Within this unit, we aim for all children to develop the building blocks for healthy, respectful relationships focusing on family and friendships. Children will be taught key scientific vocabulary for body parts and encouraged to develop the skills to promote positive relationships and what to do when faced with any difficulties.

You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science and PSHE. Please contact the Head Teacher if you would like to discuss this. If you would like to discuss any issues relating to our work on 'Sex and Relationships', or to find out more about the lessons, please contact your child's teacher.

Yours faithfully.

Miss Ingle, Mrs Harper, Miss Turner, Mrs Robertson and Mrs Day









