



Priory Junior School

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Headteacher: Tracy Keefe B.Ed (Hons) NPQH

17th April 2024

Dear Parent(s) and/or Carer(s),

Re: Year 5 Sex and Relationships Education

We will shortly be beginning a unit of work in PSHE from the 'Healthier and Safer Lifestyles' section of Cambridgeshire Primary Personal Development Programme. This unit of work focuses on basic anatomy, including naming external and internal body parts and the physical differences between males and females. Children will consider the changes that will take place in their bodies during puberty and how to positively manage this time of change. They will also develop their understanding of personal hygiene and learn more about how to prevent the spread of viruses.

Your children will be engaging with the following questions as part of this work:

- What are the names and functions of the male and female sexual parts?
- What terminology should I use in different situations?
- What physical changes take place during puberty and how can I manage these?
- Does everyone change at the same time?
- How does the media, my friends and families effect my own attitude towards my body?
- What is personal hygiene and why is this particularly important during puberty?
- How can I keep myself safe and stop the spread of viruses?

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk their parents about these issues.

Our 'Sex and Relationships' Unit of Work is based on the Cambridgeshire PSHE Scheme of Work. We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children.

You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science and PSHE. Please contact the Head Teacher if you would like to discuss this. If you would like to discuss any issues relating to our work on 'Sex and Relationships', or to find out more about the lessons, please contact your child's teacher.

Yours faithfully,

Mr Grieve, Mr Denton and Mrs Finley.

